



Where players are made!

A new era of proudly South African Soccer Schools

The coaching is unique, innovative and designed to challenge, but reward players in every aspect of the game.

We focus on teaching the fundamental techniques of the beautiful game and showing young players how to master their skills. Tailor-made for children between the ages of 4-13 years in a fun, safe and friendly environment.

Levels of Coaching Offered

Grassroots: For the young and beginner player Grassroots programmes are a great introduction to our more advanced programmes and also introduce players to the 10 core moves and teach the fundamentals of football.

Junior: For the 8-11 year old player working on the improvement of their technical skills and developing their game play through small-sided games. In particular through Futebol De Salao, using the special FDS ball.

Senior: For those players striving to improve their technical ability and game play to move them up to professional Academy level.

We arrange our groups according to ability as well as age. Please talk to your coach as to which session times are best for you.

We Also Offer: Daily group training sessions. Advanced technical team coaching. Individual one on one training. Holiday Camps. Birthday Parties. All weather facilities.

Payment Structure

Registration Fee (once off): R700.00

1 session p/week: R550.00 p/month

1 session p/weekend (Sunday): R700.00 p/month

2 sessions p/week: R840.00 p/month

3 sessions p/week: R1150.00 p/month

4-5 sessions p/week: R1500.00 p/month

1st sibling 5% discount on above fees

2nd sibling 10% discount on above fees

Please note, invoices will be sent out on the 25th of the month.

Skills Badge Challenge and 'TRIPLE P' Concept

The Skills Challenge is central to our training programme, helping players' measure progress, develop quick feet, control and confidence.

Combined with our 'Triple P Concept' of practice, patience and persistence it has value beyond football.

The First Step and Kick Start badges introduce our 'core moves' and juggling, challenging players to believe they can master the ball.

Improvement comes gradually through practice, patience and persistence, as does belief and confidence.

Once the First Step and Kick Start badges are completed players move on to our full programme. This includes turns, moves to beat a player, passing, balances, traps and floor to air moves. The current levels are from 1-5.

Each level demands greater speed and repetition developing the players' concentration and ball control as they work through the levels.

Players complete each badge at their own pace and gain confidence through achievement, encouraging them to attempt the next badge.



SuperSport United Soccer Schools Session Timetable					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
		15:00 - 16:00 SSUSS Tots Age: 4 - 5yr			8:00 - 9:00 SSUSS Tots Age: 4 - 5yr
16:00 - 17:00 Grassroots Age: 6 - 7yr	16:00 - 17:00 Grassroots Age: 6 - 7yr	16:00 - 17:00 Grassroots Age: 6 - 7yr	16:00 - 17:00 Grassroots Age: 6 - 7yr	16:00 - 17:00 Grassroots Age: 6 - 7yr	8:00 - 9:00 Grassroots Age: 6 - 7yr
16:00 - 17:00 Junior Age: 8 - 10yr	16:00 - 17:00 Junior Age: 8 - 10yr	16:00 - 17:00 Junior Age: 8 - 10yr	16:00 - 17:00 Junior Age: 8 - 10yr	16:00 - 17:00 Junior Age: 8 - 10yr	9:00 - 10:00 Junior Age: 8 - 10yr
17:00 - 18:30 Senior Age: 11+ yr	17:00 - 18:30 Senior Age: 11+ yr	17:00 - 18:30 Senior Age: 11+ yr	17:00 - 18:30 Senior Age: 11+ yr	17:00 - 18:30 Senior Age: 11+ yr	8:00 - 9:00 Senior Age: 11+ yr




For More Information

Bryan Cassel 082 416 1769 | Marihanda Trudgeon 074 338 9832

Email: balfour@ssuss.co.za | www.ssuss.co.za

Roof Top Balfour Mall

 SuperSport United Soccer Schools Balfour